

# BTEC Tech Award in Sport



## Why should I study BTEC Tech Award in Sport?

This course will introduce students to the sport, activity and fitness sector. By studying for your Award you will gain the key knowledge, understanding and skills that are foundations for working in this area. The course gives learners a wider understanding and appreciation of health-related fitness, sports and exercise and provides education and training for sport, leisure and recreation employees. To prepare for working in the sport sector you will learn about the different types and providers of sport and physical activity, in addition to different participants and their needs. Furthermore, you will learn about the different fitness test, methods of training and supporting equipment and technology that can be used in sport. You will have the opportunity to apply your learning by planning and implementing your own session plans for different groups of people.



## What will I study?

This course comprises of three compulsory units:

**Component 1:** Preparing Participants to Take Part in Sport and Physical Activity (internal non-exam assessed unit – 30% of overall course weighting)

**Component 2:** Taking Part and Improving Other Participants Sporting Performance (internal non-exam assessed unit – 30% of overall course weighting)

**Component 3:** Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity (external synoptic exam assessment at the end of year 11 – 40% of overall course weighting)



## How will I be assessed?

The Level 1/2 BTEC Tech Award in Sport:

- Is a Level 1 and 2 qualification and is graded at Level 2 Pass, Level 2 Merit, Level 2 Distinction, Level 2 Distinction\*, Level 1 and Unclassified.
- Is a 120 guided-learning-hour qualification (equivalent in teaching time to one GCSE).
- Has 40% of the qualification that is externally assessed. Edexcel sets and marks these assessments.
- Presents knowledge in a work-related context.
- Provides opportunities for synoptic assessment. Learners will apply the skills and knowledge gained from the internal components when studying the external synoptic content.
- In component one and two, students have the opportunity to develop leadership skills when planning and delivering a warm-up in small groups.

## Which skills will I develop and use?

The BTEC Tech Award in Sport course will provide students with opportunities to develop a wide range of highly desirable, transferable skills such as communication, problem solving, leadership skills, data analysis and organisation skills in order to meet strict deadlines.



## How will I be able to use this subject in my future career?

This course is a fantastic stepping stone for anyone seeking further study in A Level PE, BTEC Sport or apprenticeship. Learners will achieve a qualification that is relevant to the current needs of the sport and health sector more widely, involving jobs such as sports coaching, sport development, sports scientist, PE teacher, sports administrator, leisure management, sports psychologist, PT/fitness instructor, and physiotherapist.