**Year 11**

**Core PE – Lifelong healthy active futures**

**OCR Sport Science**

**R044 – Sport Psychology**

**R046 – Technology in sport**

**Year 10**

**Core PE – Lifelong healthy active futures**

**OCR Sport Science**

**R041 – Reducing the risk of sport injuries**

**R042 – Applying the principles of training**

**Year 9 – Striving and thriving performers**

* Netball
* Football
* Basketball
* OAA - Cross country/ Orienteering
* Rugby
* Handball
* Badminton
* HRF (Health Related Fitness)
* Volleyball

**Year 8 – Enriching sporting experiences**

* Netball
* Football
* Basketball
* Dance
* OAA - Cross Country/ Orienteering
* Rugby
* Handball
* Badminton
* HRF (Health Related Fitness)
* Volleyball

**Year 7 – Creating a love for PE**

* Netball
* Football
* Dance
* OAA - Cross Country/ Orienteering
* Rugby
* Handball
* Gymnastics
* Badminton
* Volleyball

Pembroke Physical Education Curriculum Map