

Year 7 Independent Study Plan 14. Week Beginning 13/07/2020

A message from Mr Brewer, and all staff at Pembroke, as we begin the final week of the academic year.

If you have struggled a bit for motivation this week, please let me re-assure you that you are very much not alone in feeling like this: 11 school weeks away from your normal school routine is a very long time. Everybody: students, staff & parents, will have days or moments in days when they struggle to pick up where they left off the day or the week before & carry on.

I have put together some advice that I have certainly been sharing with many other students in Lower School when they have also been having good and not so good moments. Some of the advice below you will find very relevant to how you are currently feeling, and some of the advice less so at this particular moment in time. I hope this helps to reassure you:

- As a school, it is better for us to offer too much work, rather than too little: as a result, there is no requirement for you to tackle absolutely everything in one go, especially when you a hardworking student anyway
- As far as work completion is concerned, we would always favour quality rather than quantity (a house point is allocated to you for each piece of work sent to your subject teachers, just to help with motivation)
- Routine is good (as a teacher, I'm sticking to a school routine (8-4pm) from home, breaking for Joe Wicks and a blast of daily exercise – just like you!)
- As part of your routine, I would stick with tackling core subjects in the morning, when the brain is fresher & switch to more creative methods of learning in the afternoon
- Have a look at some of the online learning opportunities that are posted on the '[Home learning](#)' tab of our website too (Bitesize & Oak National Academy resources)
- Remember that Education, in the form of life skills, is everywhere around us – cooking, baking, reading, listening to music, gardening, cleaning.... You could set yourself some daily life skill tasks too, which I am sure your parents/carers would appreciate too!
- The most important thing at the moment during this extended shutdown is to look after ourselves (physically and mentally), whilst keeping the brain in the habit of daily learning
- Staying connected with school is also important, so keep sending an email each week or have a chat with the member of staff who calls, just to let us know how you are getting on and how you are feeling (some students email me like this every day!). A list of staff emails can be found on the Student Support page of [Sharepoint](#).
- Remember to pace yourself: this situation is sadly going to continue for some time yet, so if you feel that too much is set to get through, you have lots of time to approach tasks diligently, professionally and at your own pace

Finally, you should be very proud of your achievements during this enforced closure.

Please keep this message and re-read the advice on other days when you may be feeling a bit flat.

Subject	Home Learning Task (please go to the subject sharepoint page to access the resources and links)
Assembly	This week we would like you to join the assembly by scientist, doctor and broadcaster Professor Robert Winston, who was challenged by students from the Frank Wise School to answer all of the questions they had about science. With questions ranging from thunderstorms to vaccines there's almost nothing he couldn't explain. https://classroom.thenational.academy/assemblies/the-science-behind-why
PE	School Games Leadership Booklet this will be a project that will run throughout the summer break. You don't all have to do it, but there are prizes for having a go, and it provides excellent leadership opportunities for students. Full details can be found on the Challenges and Competitions area of the Home Learning page of the Pembroke website.

<p style="writing-mode: vertical-rl; transform: rotate(180deg);">BBC As You Write It competition</p>	<p>At a time when we are all missing out on the magic of going to the theatre, The One Show, along with The Shakespeare North Playhouse is launching an exciting new playwriting competition, giving children and young people across the UK the opportunity to see their ideas come to life on stage. We hope this will help inspire the next generation of playwrights as well as encouraging a love of theatre and the arts in children and young people.</p> <p>The competition is open to all children and young people aged between 7 and 16 years old. It opens for entries at 7pm on Thursday 25th June 2020. The deadline for entering the competition is just before midnight on Monday 31st August 2020.</p> <p>All you need to enter is an idea for a play, a short description of up to four of the main characters and the first few opening lines. You'll also need to tell us what having the opportunity to write your play and have it performed on stage would mean to you.</p> <p>Full details included in the PDF, on the Drama SharePoint page. https://www.bbc.co.uk/programmes/articles/1SCK8VmFFGvyggKbqGGyds/as-you-write-it-your-play-on-stage</p> <p>Don't forget to check the Competitions and Challenges page in the Home Learning section of the Pembroke Website for more competitions.</p>
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Future Proof You - Careers</p>	<p>If you decide to join one of the live webinars below, please check you have your parent/carers permission, and that you have turned your camera and microphone off.</p> <p>Monday 13th July at 10am: Know your strengths: Boosting your employability while still at school https://us04web.zoom.us/j/76136109390?pwd=cHZJallqRGRIMFR4N3RycVB3Wldudz09 What is employability, and how can we develop the skills needed in the workplace while we are still in education?</p> <p>Tuesday 14th July at 10am: Adapt to survive: Getting resilient for a zigzag career https://us04web.zoom.us/j/75550083691?pwd=MzVVeVdqaXI4SUFQb0JwdnJ2dkY5dz09 Understanding the importance of developing resilience for our career journeys and how training our mindset can help with this.</p> <p>Wednesday 15th July at 10am: Adapt to survive: Walking the professional tightrope. Balancing personal and professional interactions and expectations https://us04web.zoom.us/j/75555917472?pwd=Tit4UU9ReGE5S1Y3SEhEZfh1NGNQZz09 Understand what employers will expect of you in the workplace, as well as your rights and responsibilities.</p> <p>Thursday 16th July at 10am: Stepping into the world of work This session will be pre-recorded and made available via CSW Group's YouTube channel on Thursday 16th July Career Development Consultant Fred Squires hosts a panel of local employers to help you get an insight into what employers are looking for and how to get started in the workplace.</p> <p>Friday 17th July at 10am: Q and A session – A chance to ask any questions you might have and get answers from our experts! https://us04web.zoom.us/j/77620339013?pwd=WktCL3FxdUJHcDYySzMyR0pTTUdIZz09</p> <p>If you have a career question that you would like us to answer during the webinars please email to: CareerQuestion@cswgroup.co.uk</p> <p>Don't worry if you can't make it, we will be recording each session and will make them available via CSW Group's YouTube channel. The webinars will be hosted by Career Development Consultants from CSW Group who will be joined by local employers.</p>
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Careers</p>	<ul style="list-style-type: none"> Meet the inspirational scientists, healthcare professionals, engineers, technicians and students doing incredible things during lockdown. Big Bang Digital 2020 – science, engineering & Covid-19 is a free, online event on Tuesday 14 July that celebrates the amazing work of scientists and engineers in a pandemic. The 1-day event celebrates their achievements, hears about challenges, innovation and collaboration, and explores some upsides to lockdown. Aimed at students aged 11+ #BigBangDigital gives young people a front row view of the incredible contribution of people working in science and engineering. Full details can be found on the Careers area of the website.

Maths	<p>1) Compete your 5 a day sheets</p> <p>2) Please go to the maths SharePoint site. Here you will find some mini video lessons created by staff at Pembroke, please watch/complete these in order (there are activities within the lesson for you to do). As well as the videos there will be a worksheet of questions for you to complete (with answers provide for self-marking). Please keep any work you do to be collated into a folder once we return.</p> <p>Any problems please e-mail sburnett@prioryacademies.co.uk</p>
English	<p>KS3 Greek Mythology Booklet</p> <p>For this module, Year 9 will be learning about Greek myths. The focus this week is Lesson 15-16, the myths of Thor and Icarus. At the start of the document is a link to a video guide by Mr Dominy to help you with the tasks.</p> <p>Everybody needs to email their teacher at the end of each week with all of the lessons for that week completed. If you have completed your work on paper you could email a photograph of your work. If you cannot email, please tell the member of staff who calls each week so they can update your English teacher. All English teacher emails can be found on the English Sharepoint page.</p>
Science	<p>Please click on the link for this week's home learning then click on the individual lesson links. Any issues email gwilson@prioryacademies.co.uk.</p> <p>To access the videos remember to enter your school email address and password.</p> <p>Year 7 Science home learning</p>
Reading	<p>Please watch Mrs Coggan reading the final part of Smart on the YouTube channel or read the extract pdf. Please answer the questions on the worksheet and email your work to JCoggan@prioryacademies.co.uk if you are able to.</p> <p>If you were unable to manage the written work for reading this term, you are still more than welcome to just watch the videos of the whole book being read to you over the summer holidays. The link to part 1 is here: https://youtu.be/zISfVQcnQ2g (and links to the other sections are posted within the description of part 1).</p> <p>Please make sure you do lots of private reading over the summer – see the recommended reading list for lots of suggestions, links and free content</p>
Spanish	<p>Go to the MFL Sharepoint Student Page. In the Year 7 folder you will find 2 worksheets that must be completed. The instructions are on the worksheet itself.</p> <ul style="list-style-type: none"> • <i>houses</i> worksheet • <i>El dormitorio de van Gogh</i> worksheet.
PSHMIRE	<ol style="list-style-type: none"> 1. Many of us have fallen into poor sleeping patterns during lockdown, staying up later at night and getting up later in the morning. This week's PSHE lesson from Oak National looks at the importance of sleep and nutrition for our mental health and wellbeing. 2. Focus on your mental health, wellbeing and resilience, by completing a daily challenge from the Action for happiness grid. Tick them off as you complete them. A copy can be found on the Home Learning: Wellbeing section of the Pembroke website.
Technology Timber	<p>Read through the Quality Assurance systems information page and answer the questions on the worksheets.</p> <p>Copies of all tasks can be found in the Technology Sharepoint page.</p>
Food Technolog	<p>Complete the "Imported of Local Ingredients?" worksheet. A copy can be found this the Food Home learning folder on the Technology Sharepoint page</p> <p>Please send any completed tasks to gbaker@prioryacademies.co.uk (if possible)</p>
Music	<p>Can you complete the A - Z of Music Challenge?</p> <p>You can complete the challenges in any order, and should aim to complete at least 2 per week.</p> <p>Please send any completed tasks to gbaker@prioryacademies.co.uk (if possible)</p>

Drama	<p>Students are reminded that all work that is already on SharePoint should be completed and emailed over to Mr Lawson, along with a photograph of this completed task – rlawson@prioryacademies.co.uk</p> <p>Your Drama Home Learning for Module 6 will consist of a variety of theory based activities, leading up to a practical project for the final two weeks of term. The work being covered will also help you for when we return back to school.</p> <ul style="list-style-type: none"> • This is the final week of your task to bring all of the information we have learnt from the last three weeks together and create a shoe box stage design. • This booklet will talk you through the different stages of creating a shoe box design. • As you are reading, you should make notes on the different key aspects, as this will help you when creating your own staged design. • Once you have read through the PowerPoint, you should have a go at creating your own set stage design. When you have completed the shoe box design, you should bring the completed physical stage to your first Drama lesson when we return in September 2020. • As ever, if you have any question, please Mr Lawson – rlawson@prioryacademies.co.uk <p>Full task details can be found in the Home Learning folder. I would like you to work through the PowerPoint, ensuring that you are familiar with the full instructions before beginning your design.</p> <p>Additional tasks, challenges and links to activities and theatre productions can be found on Sharepoint</p> <p>When completing elements of practical work, I understand that it can be difficult to evidence it. Therefore, please could you email Mr Lawson informing him of any practical task you are completing.</p>
Geography	<p>Year 7 Rivers Project.</p> <p>How does a river change through its course, in regards to it's Width, Depth, Velocity, Roughness and Sediment Shape? If you are using the online project, please refer to the Bradshaw Model.</p> <p>Full details are available on the Geography Sharepoint page</p>
History	<p>The Tudors. Continue working through The Tudors workbook which can be found in Year 7 Home Learning section of the History Sharepoint page. This booklet will take the full module. Aim to complete 2 sections per week.</p> <p>Extensions Tasks: complete one or more of the following worksheets to find out what was happening in other parts of the world while the Tudors ruled England – Meanwhile, Elsewhere: The Early Mughal Empire (India) The Songhai Empire (West Africa) The Colony of Roanoke (North America)</p>
Art	<p>Photography: https://www.startaskill.co.uk/course-area.html</p> <p>Follow the series of lessons on the link above introducing the basics of photography. This is absolutely ideal if you are considering GCSE Photography or GCSE art & design in the future or are already doing so. Your own photographs when mounted up will sit nicely in your portfolio as part of component 1 of the course. Save all your photos to your own user area in school and we can print them when you return.</p>
ICT and Computing	<p>Resources, updates and full instructions for your ICT tasks are available on the ICT Sharepoint page</p> <p>TASK 1: Research a series of 'ICT in the News'</p> <p>TASK 2: Create an A-Z glossary of ICT Key words</p> <p>TASK 3: AWESOME ANIMATION TUTORIAL BOOKLET</p> <p>TASK 4: Touch Typing Tutorials</p> <p>TASK 5: Office Software Video Tutorials</p> <p>TASK 6: Use the tutorial to create a games using SCRATCH</p> <p>TASK 7: New Task – Cybergames and Codebreaking https://cybergamesuk.com/cybergames</p> <p>OPTIONAL TASK 8: Operation Bletchley (an optional Virtual codebreaking Challenge: there is a cost implication to this with the £10 registration being donated to ABF, The Army's National Charity)</p>

<p style="writing-mode: vertical-rl; transform: rotate(180deg);">New Challenge Introduction to Latin</p>	<p>Latin is a root language for the English language. While it is no longer in common use, it helps us to understand our language and make connections when learning new technical vocabulary. If you would like to challenge yourself to learn a new language, please log onto https://www.thenational.academy/online-classroom/year-7/latin#subjects (scroll to the bottom of the page to find lesson 1, and then work your way up the page.)</p>
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Live Theatre Opportunities</p>	<p>During this time of uncertainty, it's impossible to watch a piece of live theatre, especially within a theatre. As a result of the Coronavirus Pandemic, theatres across the UK have come together to make theatre performance available for you to watch from the comfort of your own home! A handy spreadsheet of the different performances currently available for you watch has been put together for you, within the Live Theatre folder on SharePoint. This document will be updated regularly, ensuring that you are kept up to date with the different performances that are available.</p> <p>So... why not have a family movie night? Dress up nice, grab some snacks and replicate the theatre experience from the comfort of your living room!</p> <p>It is also worth keeping an eye on the following websites as they are updated daily, with links to shows that are made available for only a short period of time.</p> <ul style="list-style-type: none"> • National Theatre at Home - https://www.nationaltheatre.org.uk/nt-at-home • The Show Must Go on, Youtube - https://www.youtube.com/channel/UCdmPjhKMaXNNeCr1FjuMvag/videos • https://www.franticassembly.co.uk/