

























Moving up to Pembroke



PEMBROKE
A PRIORY ACADEMY

We appreciate that not all children will be ready to do all of these yet. However we would like to encourage all of you to have a go in order to ensure that your transition into year 7 life and your lessons is as worry free as possible.

 Challenge	Tick when you can	 Challenge	Tick when you can
 Tie a tie		 Set the time on an alarm clock or mobile phone	
 Peel a potato		 Get into and out of your PE kit as quickly as you can (all items on the right way round)	
 Lock and unlock a padlock		 Make a cup of tea	
 Remember a parent's phone number by heart		 Attach a document to an email and send it to a parent or teacher	
 Iron a shirt		 Accurately measure 10cm, 35cm, 150mm, 500ml and 200g	
 Make change from £1, £2 and £5		 If you are going to walk to school: Can you walk the route safely by yourself? Time yourself doing it, then add at least 5 minutes. What time will you have to leave home to get there early next year?	
 Read a basic plan or map (e.g. of a shopping centre or theme park)		 If you are going to catch a bus to school: Can you find out what time the bus goes, and from which stop? How long will it take you to walk to the bus stop? Add at least 5 minutes. What time will you have to leave home to get there early next year?	
 Tell the time on an analogue clock		 Plan or make a 'what in my wallet' with your home contact details, bus ticket, emergency money and secret smile object (a small photo, shell, keyring, pet rock or note that makes you feel calm, and positive whatever your day brings). Decide where you will keep it in your new uniform or bag.	
 Get fully dressed in 5 minutes or less			
 Write down your home address and postcode			
 Put on your own socks and shoes, and tie shoelaces			
 Make a healthy packed lunch (and eat it in 15 minutes)			
 Brush your own hair and if long, put it up			
 Count up in 2s, 3s, 4s, 5, 10s. Can you do other numbers too?			