



PEMBROKE  
A PRIORY ACADEMY

# REMOTE LEARNING

ACHIEVING TOGETHER

BE READY

BE SAFE

BE RESPECTFUL



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# THE PEMBROKE LEARNER AT HOME...

## STUDENTS

This is a toolkit of resources to help you organise your learning while you are learning at home. You will also find some useful tips and tricks to help you stay healthy and focused while learning remotely.

There are links to helpful resources in case you get stuck and a list of staff who you can contact if you are struggling.

## PARENTS / CARERS

This guide will provide useful information to support your child to understand how they will learn at home and where support can be found.

You can support your child by helping to create a learning space and helping them to manage their time when creating their daily plan.

We will reward students for hard work when they return – it would be great if you can agree some rewards at home too!



# ACHIEVING TOGETHER...

## GENEROSITY

### I show generosity by:

- Being aware of the importance of **effort** and focus in driving my own learning.
- Working as hard at home as I do at school.
- Knowing how I can support my peers while working remotely.

## WISDOM

### I show wisdom by:

- Planning and using my time effectively.
- Linking my learning in school to the learning I do remotely.
- Understand how to look after my own wellbeing.

## COURAGE

### I show courage by:

- Asking for help and support when needed.
- Being resilient so that I bounce back from set-backs with a positive **attitude** to remote learning.
- Taking pride in my work and organising my own learning and time.

## CURIOSITY

### I show curiosity by:

- Planning and monitoring my own learning to help me to keep up to date.
- Seeking out and using new information to develop my learning.
- Responding to feedback, and **practising** to improve and refine my outcomes.
- Evaluating learning and progress against my attitude to learning.

## PASSION

### I show passion by:

- Taking pride in the work I complete at home.
- Making positive contributions and asking questions to challenge thinking.
- Working independently within and beyond the classroom.
- Being enthusiastic, taking risks and seeking support to reach my goals.



# REMOTE LEARNING - YOUR THOUGHTS...

**What are my worries about learning from home?**



**What will I enjoy about remote learning?**



# PREPARING FOR SUCCESSFUL REMOTE LEARNING...

## Find an appropriate space to work in.

- Somewhere that has plenty of light.
- A desk or table with space for your equipment
- A comfortable place for you to sit.
- Somewhere you won't be disturbed.

## Plan your time each day.

- Create a timetable and put it on the wall near your workspace
- Remember to include the Live Lesson timetable.
- Aim for 4 hours of learning each day
- Set times for regular short breaks

## Clear your work space of clutter.

## Make sure you have all of your equipment at your workspace

- A working pen
- Your exercise books or paper
- Laptop or tablet (if needed)
- A calculator
- Textbooks, revision guides or worksheets

## Turn off social media while you are working.

- Restrict use of technology to your learning tasks.
- If you don't need technology, put it away!

## Have a drink of water with you.

## Wear suitable clothing.

- make sure you are dressed appropriately for online learning



# WHAT DO I NEED TO ORGANISE MY LEARNING AT HOME?

- A copy of my normal timetable.
- A copy of the live lesson timetable.
- Blank daily planners to organise each day.
- My logins and passwords to access digital platforms.
- My email is .....@prioryacademies.co.uk

Username .....

Password .....



Username .....

Password .....



Username .....

Password .....

*Website/  
resource name*

Username .....

Password .....

*Website/  
resource name*



# HOW DO I FIND MY WORK?...

- To access the home learning area log into **Citrix Receiver** (prioryacademies.co.uk). Your screen will then look identical to your user area in school. Accessing through Citrix will allow you to use all school software while at home (eg Word, PowerPoint and Photoshop)
- Tasks for students and a copy of the live lesson timetable can be accessed in the Home Learning area of SharePoint.
- The Home Learning page of Sharepoint has an area for each year group. Look for your year group and then select the subject you need to complete. You should aim to complete the tasks for the subjects on your timetable each day.
- You can access the link, 'how to' guides and find additional resources in the "Accessing your Home Learning on Sharepoint" area of the school website: **[www.priorypembroke.co.uk](http://www.priorypembroke.co.uk)**





# WHERE CAN I GO IF I NEED SUPPORT WITH MY REMOTE LEARNING?...

Contact your teacher, form tutor or a pastoral manager using your school email. A list of staff email addresses can be found at the top of the Home Learning area of sharepoint

Use your exercise books and revision guides to help you.

**Ask your teacher or form tutor during Teams check-ins and live lessons.**

Use the internet and any digital platforms that are available to you, such as GCSEPod, Hegarty Maths and ActiveLearn

Find a remote learning buddy. Your remote learning buddy is a peer who you can contact to ask for help with your remote learning.



# TIPS TO SUPPORT YOUR HEALTH & WELLBEING...

## Set a routine and stick to it

Follow your normal sleep patterns and routines.

- Get up at the same time,
- Eat breakfast,
- Get out of your pyjamas!
- Spend some time each day being active.
- Most importantly, when your school day stops, stop working.
- At the end of the day, try to get to bed at your usual time.

## Give yourself a break

Making time for breaks is important to help manage feelings of stress. Take lunch.

- Even just 5 to 10 minutes of short breaks each hour can really help you.
- If possible, set a time to go for a walk or bike ride for some fresh air.
- Have regular screen breaks.

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## Stay connected

There are lots of ways to stay in touch with your friends– boosting their mental wellbeing as well as our own.

- In and out of school, human interaction matters so schedule video calls with your friends and pick up the phone instead of texting.
- If you're struggling with working at home, speak to your pastoral manager, Head of Year or teachers about your concerns.

## Be kind to yourself

Remember, this is an unusual situation and things will not feel normal!

- Be kind to yourself and acknowledge that you might not be as productive as you usually would be.
- Be realistic about what you can achieve given the circumstances, and relax when your work is done.
- Use the Wellbeing resources in the Home Learning area of Sharepoint and the website



# HELP AND SUPPORT....

If you have any concerns relating to keeping your child safe at home or online please contact school or a Pastoral Manager using the emails below

**Pembroke@prioryacademies.co.uk**

**thepplestone@prioryacademies.co.uk**

**jelvin@prioryacademies.co.uk**

**jkelly@prioryacademies.co.uk**

If you have any concerns that relate to your child's Special Educational Needs, please contact using the email:

**PembrokeSEND@prioryacademies.co.uk**

A full list of staff email addresses can be found at the top of the Home Learning area of sharepoint

## **STAYING SAFE ONLINE:**

The ability to connect to family, friends and school in the virtual world has never been more important, however we must remain aware of e-safety. The following links contain advice and resources to support you.

**[www.thinkuknow.co.uk/parents/Support-tools/support-your-child-at-home/](http://www.thinkuknow.co.uk/parents/Support-tools/support-your-child-at-home/)**

**[www.thinkuknow.co.uk/parents/Support-tools/home-activity-worksheets/11-13s/](http://www.thinkuknow.co.uk/parents/Support-tools/home-activity-worksheets/11-13s/)**

**[www.thinkuknow.co.uk/parents/Support-tools/home-activity-worksheets/14-plus/](http://www.thinkuknow.co.uk/parents/Support-tools/home-activity-worksheets/14-plus/)**

**[www.nspcc.org.uk/keeping-children-safe/online-safety/](http://www.nspcc.org.uk/keeping-children-safe/online-safety/)**



# DAILY PLANNER...

Session Time	Tasks	Notes to add/ask
<b>Form Time</b>	Complete my daily planner	

You can print this page as many times as you need, or you could use the homework section of your planner to plan your home learning.





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