



The Priory Pembroke Diner Main Menu

Week 3



Monday

Tomato & Mozzarella Gnocchi
Served with Salad & Bread Roll
Contains: Gluten and Milk

Hot Snack: Cheese Twist
Contains: Gluten, Eggs and Milk

Tuesday

Chicken Pilaf
Served with Broccoli
Contains: Milk

Hot Snack: Chicken Wrap
Contains: Gluten

Wednesday

Beef Quesadillas
Served with Herby Potatoes & Corn On The Cob
Contains: Milk and Gluten

Hot Snack: Sausage Roll
Contains: Gluten, Soya and Milk

Thursday

Sweet & Sour Chicken Noodles
Served with Stir Fry Vegetables
Contains: Gluten and Eggs

Hot Snack: Chicken Burger
Contains: Gluten

Friday

Pork Sausages
Served with Chips, Peas & Corn
Contains: Soya and Gluten

Hot Snack: Portion of Chips
With a choice of Gravy, Curry Sauce or Cheese
Contains: Milk (Cheese), Gluten & Mustard (Curry)

There will be a daily selection of Bloomer Sandwiches, Filled Rolls, Baguettes and Wraps
Jacket Potato: Cheese, Tuna Mayonnaise and Coleslaw
A selection of fresh salad and pasta pots
A selection of fresh fruit pots
Granola and yoghurt pots

Menu Subject to change at any time