



The Priory Pembroke Diner Break & Lunch Menu

Week 2



Pasta Monday

Lunch

Quorn Sausage Pasta Bake
Macaroni Cheese
Served with Crusty Bread and Peas/Sweetcorn

Dessert

Fruit Crumble & Custard

Traditional Tuesday

Lunch

Cottage pie
Vegemince cottage pie
Served with cauliflower cheese, broccoli and carrots

Dessert

Cranberry and sultana muffins

Noodle Doodle Wednesday

Lunch

Chinese Pork Noodles
Quorn Stir Fry
Served with noodles and Stir Fried vegetables

Dessert

No added Sugar Oat Cookies

Around The World Thursday

Lunch

Peri peri chicken
Quorn
Served with rice and peas

Dessert

Chocolate and pear sponge with custard

Favourites Friday

Lunch

Breaded Fish Fillet
Salmon Fishcake
'Fishless' Fingers
Served with Potato Wedges, Baked Beans or Peas

Dessert

Fruit in jelly

There will be a daily selection of Homemade Bloomer Sandwiches, Filled Rolls, Baguettes and Wraps
Jacket Potato: Beans, Cheese, Tuna Mayonnaise, Coleslaw and Salad
A selection of fresh salad and pasta pots
A selection of fresh fruit pots
Granola and yoghurt pots

Break Times

Ham & Cheese Bagel	Toasted Crumpets
Toasted Teacakes	Quorn Sausage Bagel
Cheese on Toast	Toasted Sandwiches
Large Bacon Bap	Small Bacon Bap

