# How inclusive is the School Games provision in your school and how do you know?

## Complete the Inclusive Health Check (IHC)



#### What is it?

- It is a resource that has been designed in partnership with the English Federation of Disability Sport and allows you to self-review your provision of inclusive School Games opportunities.
- English Federation of Disability Sport
- It takes the form of a simple self-review made up of just 20 questions which all require no more than a yes/no answer.
- There is no pass/fail associated with the IHC. Once you submit your answers the only thing to happen is that you will be provided with a **personalised action plan** and **top tips** to support you in the future.

#### Why complete it?

- The process and the questions are a great way to help you reflect on your current school games provision and how inclusive this is for all young people in your school. It will help you identify strengths and also establish the areas for development which could then be supported by your Primary PE and Sport Premium
- You will be signposted to additional resources and given top tips to support you in the next steps of ensuring your sport provision is inclusive for all.
- Completing the suggested actions can lead to increased opportunites, increased participation and celebration of success which can be shared with children, parents and Ofsted.

### How do I do it?

- Log in to your school's dashboard on the School Games Website. You will need to enter your username and password.
  If you have forgotten these details, your SGO can help you.
- Click on Start the questionaire (see below) and start the process by answering yes or no to each of the questions. You can complete it all in one go or complete one section at a time, saving it as you go through.
- The process can take just a matter of minutes to complete. Once you submit your answers you can see your personlised action plan and download a copy to use as you see fit.

### Six simple steps

- 1 Log in to your school dashboard at www.yourschoolgames.com
- 2 Look for Your Inclusive Health Check at the bottom
- 3 Click on Start the questionaire
- 4 Answer yes or no to the twenty questions
- **5 Be honest with your answers.** Remember this is not pass or fail, it is simply a self-review
- 6 Submit your answers and wait for your action plan and top tips to appear on your dashboard.



Answering the questions made me think about things we hadn't considered before."

Jo Lowe — PE Teacher, Howden Secondary School, Yorkshire

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We have used the IHC to identify gaps in provision and added this to our School Development Plan.

**Liz Morgan** — Assistant Head Chadsgrove School, Worcestershire

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It only took a matter of minutes to complete the IHC and I have found the top tips to be very useful.

Kate Sharrocks — PE Coordinator, Lakes Primary School, Redcar













