



The Priory Pembroke Diner Break & Lunch Menu

Week 1



Pasta Monday

Lunch

Beef Bolognese
Cheesy Tomato Pasta Bake
Served with crusty bread and peas/sweetcorn

Dessert

Fruit crumble and custard

Traditional Tuesday

Lunch

Roast Chicken
Quorn toad in the Hole
Served with creamed potatoes vegetables and gravy

Dessert

Cranberry and sultana muffins

Noodle Doodle Wednesday

Lunch

Chilli pork stir fry
Sweet and sour Quorn
served with noodles and stir fried vegetables Crispy Pork Noodles & Stir Fry Vegetables

Dessert

No added sugar oat cookies

Around The World Thursday

Lunch

Chicken and sweet potato curry
Quorn and sweet potato curry
Served with rice and peas

Dessert

Chocolate and pear sponge with custard

Favourites Friday

Lunch

Chicken Gyros flatbread
Quorn dipper flatbread
Served with potato wedges baked beans or peas

Dessert

Fruit in jelly

There will be a daily selection of Homemade Bloomer Sandwiches, Filled Rolls, Baguettes and Wraps
Jacket Potato: Beans, Cheese, Tuna Mayonnaise, Coleslaw and Salad
A selection of fresh salad and pasta pots
A selection of fresh fruit pots
Granola and yoghurt pots

Break Times

Toasted Sandwiches
Ham & Cheese Bagel
Toasted Crumpets
Toasted Teacakes
Quorn Sausage Bagel
Cheese on Toast
Large/Small Bacon Bap