



The Priory Pembroke Diner Main Menu



Week 1

Monday

Lasagne
Served with Salad and Garlic Bread
Contains- Gluten and Milk

Hot Snack: Cheese Twist
Contains- Gluten and Milk

Tuesday

Coconut Chicken Curry
Served with Vegetable Rice and Naan
Contains- Gluten and Mustard

Hot Snack: Chicken Wrap
Contains- Gluten

Wednesday

Cheesy Omelette
Served with Herby Potatoes & Roasted Vegetables
Contains- Eggs and Milk

Hot Snack: Sausage Roll
Contains: Gluten, Mustard and Soya

Thursday

Sweet & Sour Chicken
Served with Noodles & Stir Fry Vegetables
Contains- Gluten and Eggs

Hot Snack: Chicken Burger
Contains- Gluten and Sesame Seeds

Friday

Pizza & Chips
Served with Salad & Gravy/Curry Sauce/Cheese
Contains- Gluten, Milk & Mustard (Curry)

Hot Snack: Portion of Chips

There will be a daily selection of Bloomer Sandwiches, Filled Rolls, Baguettes and Wraps
Jacket Potato: Cheese, Tuna Mayonnaise and Coleslaw
A selection of fresh salad and pasta pots
A selection of fresh fruit pots
Granola and yoghurt pots

Menu Subject to change at any time