



# The Priory Pembroke Diner Break & Lunch Menu

## Week 2



### Pasta Monday

#### Lunch

Quorn Sausage Pasta Bake  
Macaroni Cheese  
Served with Crusty Bread and Peas/Sweetcorn

#### Dessert

Fruit Crumble & Custard

### Traditional Tuesday

#### Lunch

Cottage pie  
Vegemince cottage pie  
Served with cauliflower cheese, broccoli and carrots

#### Dessert

Cranberry and sultana muffins

### Noodle Doodle Wednesday

#### Lunch

Chinese Pork Noodles  
Quorn Stir Fry  
Served with noodles and Stir Fried vegetables

#### Dessert

No added Sugar Oat Cookies

### Around The World Thursday

#### Lunch

Peri peri chicken  
Quorn  
Served with rice and peas

#### Dessert

Chocolate and pear sponge with custard

### Favourites Friday

#### Lunch

Breaded Fish Fillet  
Salmon Fishcake  
'Fishless' Fingers  
Served with Potato Wedges, Baked Beans or Peas

#### Dessert

Fruit in jelly

There will be a daily selection of Homemade Bloomer Sandwiches, Filled Rolls, Baguettes and Wraps  
Jacket Potato: Beans, Cheese, Tuna Mayonnaise, Coleslaw and Salad  
A selection of fresh salad and pasta pots  
A selection of fresh fruit pots  
Granola and yoghurt pots

### Break Times

Ham & Cheese Bagel	Toasted Crumpets
Toasted Teacakes	Quorn Sausage Bagel
Cheese on Toast	Toasted Sandwiches
Large Bacon Bap	Small Bacon Bap

