



# The Priory Pembroke Diner Main Menu

## Week 1



### Pasta Monday

Cheese & Tomato Pasta Bake  
Served with Salad and Garlic Bread  
Contains- Gluten and Milk

**Hot Snack:** Cheese Twist  
Contains- Gluten, eggs and milk

### Traditional Tuesday

Coconut Chilli Chicken  
Served with Vegetable rice and naan  
Contains- Soya and Sulphites

**Hot Snack:** Chicken Wrap  
Contains- Gluten

### Noodle Doodle Wednesday

Salsa Chicken  
Served with Sweet Potato and Vegetables  
Contains-Sulphites

**Hot Snack:** Sausage Roll  
Contains: Gluten, Mustard and Soya

### Around The World Thursday

Vegetable Chow Mein  
Served with Stir Fry Vegetables  
Contains- Gluten, Eggs, Sesame Seeds and Soya

**Hot Snack:** Chicken Burger  
Contains- Gluten and Sesame Seeds

### Favourites Friday

Chicken Goujon and Chips  
Served with Peas and Gravy/Curry Sauce/Cheese  
Contains- Milk (Cheese), Peanuts, Mustard, Nuts and Gluten (Curry)

**Hot Snack:** Portion of Chips

There will be a daily selection of Bloomer Sandwiches, Filled Rolls, Baguettes and Wraps  
Jacket Potato: Cheese, Tuna Mayonnaise and Coleslaw  
A selection of fresh salad and pasta pots  
A selection of fresh fruit pots  
Granola and yoghurt pots

\*Menu Subject to change at any time\*