



# The Priory Pembroke Diner Break & Lunch Menu

## Week 1



### Pasta Monday

#### **Lunch**

Pasta Bolognaise with Peas  
& French Bread

Cheesy Tomato Pasta Bake with Peas  
& French Bread

#### **Dessert**

Strawberries & Cream

### Traditional Tuesday

#### **Lunch**

Minced Beef & Vegetables in Gravy with Yorkshire Pudding, New Potatoes & Vegetables  
Quorn Sausages with Yorkshire Pudding, Stuffing New Potatoes & Vegetables

#### **Dessert**

Manchester Tart with Banana

### Noodle Doodle Wednesday

#### **Lunch**

Quorn Vegetable Stir Fry  
Crispy Pork Noodles & Stir Fry Vegetables

#### **Dessert**

Forest Fruit Jelly

### Around The World Thursday

#### **Lunch**

Pulled Pork Enchiladas with Coleslaw & Spicy Potatoes

Bacon & Tomato Quiche with Coleslaw & Spicy Potatoes

#### **Dessert**

Melon Medley

### Favourites Friday

#### **Lunch**

Hot & Spicy Chicken Wings with Cheesy Baked Wedges & Salad

Cheese & Tomato Flatbread with Coleslaw & Spicy Potatoes

#### **Dessert**

Frozen Fruit Yoghurt

There will be a daily selection of Homemade Bloomer Sandwiches, Filled Rolls, Baguettes and Wraps  
Jacket Potato: Beans, Cheese, Tuna Mayonnaise, Coleslaw and Salad  
A selection of fresh salad and pasta pots  
A selection of fresh fruit pots  
Granola and yoghurt pots

#### **Break Times**

Toasted Sandwiches

Ham & Cheese Bagel

Toasted Crumpets

Toasted Teacakes

Quorn Sausage Bagel

Cheese on Toast

Large/Small Bacon Bap

